



## Monthly Round Up

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We're excited to share with you **Volume 5, Issue 10** of our Student Services newsletter! As we are heading into the month of October, I encourage everyone to enjoy the beginning of fall. In this month's newsletter, you'll find a wealth of enriching updates, invaluable resources, and promising opportunities tailored to enrich your student journey at the Toronto School of Management (TSOM).

We have amazing activities in store for October and moving into November. Notably, we will be hosting a **wellness week** before your exams in October that will include pet therapy, massage services, food pack giveaways, and much more! Stay tuned to your email and CANVAS for registration!

An upcoming don't-miss event is the **French Canada Trip**, scheduled for November 15-17. Discover the charm of French Canada with guided tours through three incredible cities: Ottawa, Montreal, and Quebec City. Immerse yourself in a unique and vibrant Canadian culture, meet the locals, and explore the iconic landmarks and attractions of both Ontario and Quebec.

Explore renowned landmarks like Parliament Hill, Byward Market, Old Montreal, Mont Royal, Old Quebec, and the world's most photographed hotel, the Chateau Frontenac. Take advantage of free time in each city to explore and experience the local charm at your own pace.

The trip includes:

- 2 nights in hotel (quad accommodation)
- Deluxe Motor Coach transportation
- Breakfasts and Dinners included for two days\*
- Guided orientations of all three cities

- Enjoy the amazing nightlife\*\* in Montreal and Quebec City
- A tour leader
- Complimentary entry to the Canadian Museum of History
- Complimentary entry to the Montreal Ferris Wheel (La Grande Roue de Montréal)

\*Lunches are not included.

\*\*Additional charges to be paid by the student.

**The original price was \$510.00, but as a TSOM student, you pay a discounted rate of \$357.00!**

**Seats are going fast! Please register and [buy tickets through EventBrite](#) today!**



Finally – I would like to remind you that mental wellness is extremely important to your experiences on and off campus. To that end, please know that we have a no-cost service (even if you did not purchase Guardme health insurance) called the Guardme Student Support Program (GMSSP) where you can book appointments with professional mental wellness counsellors. You can make these appointments via the TELUS Health Student Support app and can be downloaded in the [App Store](#) and [Google Play](#).

As always – we wish each and everyone of you a wonderful month ahead, and may your journey be filled with unforgettable memories.

**Fred Lam** – Director of Student Services

**October Events**



## Student Services Activities and Workshops for October 2024

[Please check the Activities Module on CANVAS](#)



## Career Services Workshops for October 2024

[Please check the Career Services Workshops Module on CANVAS](#)

# Announcements

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1) Accessibility Services provides support and academic accommodation to students with documented disabilities and medical conditions. Academic accommodations are arrangements that allow a student with a disability or medical condition a fair opportunity to engage in academic activities and fulfill essential course and program requirements.

If you have a disability or medical condition, whether permanent or temporary, please connect with an Accessibility Counsellor at [accessibility@torontosom.ca](mailto:accessibility@torontosom.ca) to inquire about academic accommodations. This is a free and confidential service.

2) Mark your calendars on October 22<sup>nd</sup> and October 23<sup>rd</sup>! We will be hosting our GUS (Global University Systems) Canada Colleges Fall 2024 Career Fair at Mirvish campus (740 Bathurst Street). We highly encourage you to take advantage of this opportunity to meet prospective employers and network! You can [register for this event via this link](#). We do ask that you choose the appropriate time slot for your industry and discipline.

3) Did you know that TSOM [has just launched Microcredentials](#)? These short, focused courses are designed to expand your skill set in business, hospitality and tech, and elevate your resume. In addition, microcredentials are a very good way to sample disciplines and subjects that you may not have thought of! [Apply today to expand your horizons](#) with our Microcredentials.

4) **Ontario raising minimum wage to support workers:** The Ontario government is [increasing the minimum wage](#) from \$16.55 per hour to \$17.20, effective October 1, 2024. This 3.9 per cent annualized wage increase is based on the Ontario Consumer Price Index (CPI) and brings Ontario's minimum wage to the second highest in Canada. Make sure you are getting paid the updated rate come October 1<sup>st</sup>, 2024!

5) For several of our activities and field trips, we have had students register and simply not show up. NOT SHOWING UP to an activity takes up a spot/seat that could have been reserved for other students that had a genuine interest in attending. Effective immediately repeat offenders have been temporarily barred from attending

college activities and will be automatically removed from registration from activities until further notice.

It is your responsibility to attend activities that you sign up for and to inform [studentassociation@torontosom.ca](mailto:studentassociation@torontosom.ca) 48 hours of any change to your plans prior to departure.

## Reminders

- Please note, in Canada there is a Suicide Crisis Helpline (988) where if you or someone you know is thinking about suicide, you can call or text (988) for help 24 hours a day, 7 days a week.
- Please always ensure that you have valid health insurance. Valid health insurance means that you have international student health insurance that is not expired. Please email [studentservices@torontosom.ca](mailto:studentservices@torontosom.ca) to inquire about renewing your health insurance. If you fail to proactively purchase valid health insurance, TSOM will automatically extend your health insurance one month at a time for your safety and well-being. The health insurance charges will be automatically applied to your student account.
- Please be reminded that you can always book either in person or virtual appointments with all our departments via our [Microsoft booking portal](#). Please take advantage of this portal for all our services that are offered to you!
- We highly encourage you to get your TSOM student ID card. Please schedule an appointment with us to come collect! Email [studentservices@torontosom.ca](mailto:studentservices@torontosom.ca) for an appointment. For the safety of all those on campus, **please wear your student ID with the complimentary lanyard and ID pouch that was issued to you.**
- Please check the **expiry date of your study permit**. If your student permit is about to expire, you may need to file for an extension. Please email [isa@torontosom.ca](mailto:isa@torontosom.ca) if you require assistance.

## Academic Pathways



Are you considering furthering your studies after graduating from TSOM?

Whether you are interested in pursuing a Master's degree, Bachelor's degree, college diploma, or certificate, our dedicated Academic Pathways team is here to assist you every step of the way!

TSOM boasts partnerships that offer exclusive benefits such as scholarships, transfer credits, and waived English proficiency requirements. Additionally, graduates of our partner institutions may be eligible for a Post-Graduation Work Permit (PGWP).

**For more information, feel free to reach out to us via email at [academicpathways@torontosom.ca](mailto:academicpathways@torontosom.ca) or schedule a personalized 1:1 session with our team through our [Booking Calendar](#).**

Let us guide you towards your academic goals!

TSOM Academic Pathways team

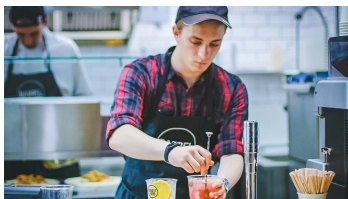
## Enjoy studying at TSOM? Write a review!

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Let's show some love for TSOM today! Send your reviews on the following websites:



## News



Ontario's minimum wage will become 2nd highest in Canada after increase

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How Dungeons & Dragons went from 'satanic panic' to pop culture fixture

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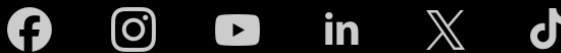


Toronto alley transforming into a new street food market

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## Weekly flyers for your shopping convenience

- [Groceries Flyers Toronto, ON - RedFlagDeals.com](#)
- [Toronto Weekly Groceries Flyers and Deals | Flipp](#)
- [Flyer | Food Basics](#)
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